

## Characteristics of lithium

Lithium and its compounds have several industrial applications, including heat-resistant glass and ceramics, lithium grease lubricants, flux additives for iron, steel and aluminium production, lithium metal batteries, and lithium-ion batteries. These uses consume more than three-quarters of lithium production.

Lithium is present in biological systems in trace amounts. It has no established metabolic function in humans. Lithium-based drugs are useful as a mood stabilizer and antidepressant in the treatment of mental illness such as bipolar disorder.

Lithium metal is soft enough to be cut with a knife. It is silvery-white. In air it oxidizes to lithium oxide. Its melting point of  $180.50^{\circ}\text{C}$  ( $453.65^{\circ}\text{K}$ ;  $356.90^{\circ}\text{F}$ ) and its boiling point of  $1,342^{\circ}\text{C}$  ( $1,615^{\circ}\text{K}$ ;  $2,448^{\circ}\text{F}$ ) are each the highest of all the alkali metals while its density of  $0.534\text{ g/cm}^3$  is the lowest.

Lithium has a mass specific heat capacity of  $3.58$  kilojoules per kilogram-kelvin, the highest of all solids. Because of this, lithium metal is often used in coolants for heat transfer applications.

Both stable isotopes of lithium can be laser cooled and were used to produce the first quantum degenerate Bose-Fermi mixture.

Although it was synthesized in the Big Bang, lithium (together with beryllium and boron) is markedly less abundant in the universe than other elements. This is a result of the comparatively low stellar temperatures necessary to destroy lithium, along with a lack of common processes to produce it.

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